

Yuan Qi: Extraordinary Meridians

DU SI3, DU, JiaJi Pts

Boost Yang, Spine, Wei Qi, Jing/Fluids to Spine and Brain, Endocrine System, Nervous System

CHG SP4, ST30, KD11-31

Menstrual problems, Const. digestive weakness, CV system of thorax, Sea of Blood/Major Channels

YIQ KD6, 8 (XC), ST12, 9:Thyroid, BL1, KD16

Hypersomnia, Assoc with Kidneys, Medial Leg Spasms, Ascent of Fluids, Decent of Qi, Opening/closing eyes, Fight of Fight/Flight

YAQ BL62, BL59 (XC), BL1, GB20, GB29, SI10, LI15,16, ST1,3,4

Traumatic Physical Events, Insomnia, Musculoskeletal, Endocrinological, KD-BL Patterns, Back pain, Heel/Ankle Problems, Tense lateral leg

YIW P6, KD9 (XC), SP12,13,15,16, LV14, RN22,23

Interpersonal Problems, Anxiety, Hysteria, Stomach Ache, Cardiac Dz. Move Qi to deep centers, Post-natal psycho-social traumatic content: primary relationship

YAW SJ5, GB35 (XC), GB 13-21, SI10, SJ15, DU15,16

Interpersonal Problems, Immune Deficiency, Wei Qi Deficiency, Post-natal psycho-social traumatic content: secondary relationships

RN LU7, RN, ST1

Nourish Yin, Resp. System, Digestive System, Reproductive System, Menstrual Difficulties, Uterus

DAI GB41, GB26-28

Menstrual, Const. digestive weakness, Low back pain, binds all channels running down trunk, Boost and move Qi

Traumatic Physical Events

6 Channels

SHAO YANG MING YANG TAI YANG — RADIUS RIGHT

SHAO YIN TAI YIN JUE YIN — ULNA LEFT

SHAO YANG MING YANG TAI YANG — RADIUS RIGHT

SHAO YIN TAI YIN JUE YIN — ULNA LEFT

About where the pulse sticks out the furthest, not about force here

6 Channels

Xi Cleft: LU6, LI7, ST34, SP8, HT6, SI6, BL63, KD5, P4, SJ7, GB36, LV6

Body Image Mapping
Sinew Vessel Tx: Jing Well, Group Luo, Local, Sinew Vessel Meeting
Sinew Vessel Meeting Points

Leg Yang: SI18 (Sensing Organs)
Arm Yang: GB13 (Holding, Grasping, Self-Knowledge)
Leg Yin: RN3 (Lymph Production/Reproduction)
Arm Yin: GB22 (Connects to Diaphragm)

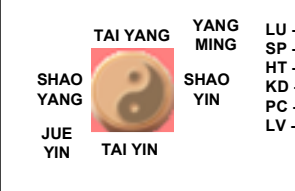
Group Luo Points:
3 Leg Yin: SP6 3 Leg Yang: GB35
3 Arm Yin: PC5 3 Arm Yang: SJ8

Bie Jing, Biao Li, Clock Opposites (See Below)

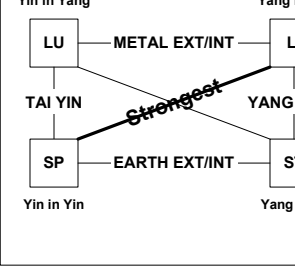
Prox Related to Daytime Wei Qi Flow

Treatment Strategies (Generally, and Especially for Wei Qi Map)

1st choice: Bie Jing: Use Yin to Tx Yang, vice versa; Hand <-> Foot

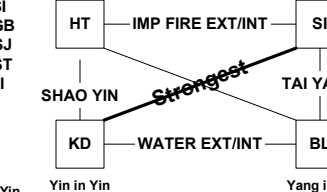


1st Circuit: Survival

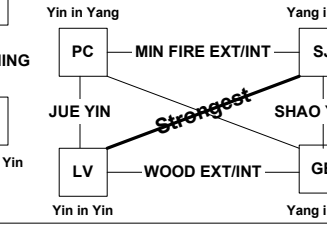


2nd choice: Biao Li: Yin/Yang Pairs

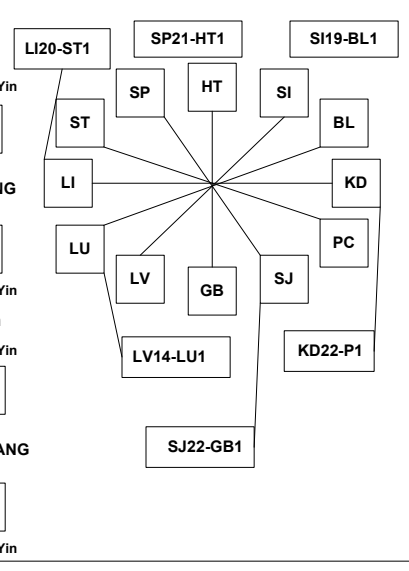
2nd Circuit: Inner Growth



3rd Circuit: Interpersonal Interaction

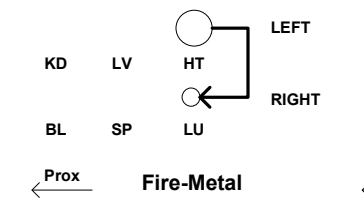
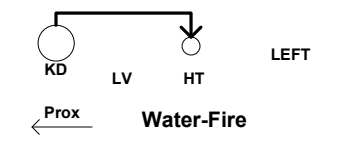


3rd Choice: Clock Opposites



Nighttime Wei Qi

Appropriate Qi Flow Along Controlling Cycle
Obstructions are present with a strong pulse followed by a weak pulse
25 times through 5 organs at night



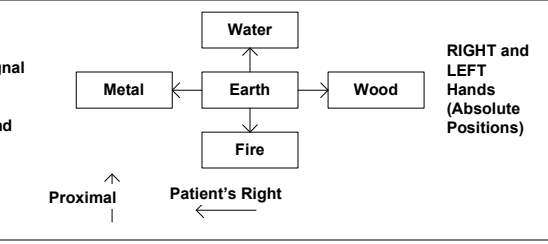
Treatment Strategies

- Compass
- Back Shu
- Front Mu
- Xi Cleft (on Channel)
- Elemental
- Biao Li
- Bie Jing

Compass Map

Choose Affected Organ, Look for Dominant Signal by Using the 5 Directions

Directions are Independent of the Patient's Hand
Use Especially with Nighttime Wei Qi



Choose 8 Extraordinary Vessels:
Guard Specific Areas Against "Evil Qi"
Regulate the Changes of Life Cycles (7 & 8 Years)
Circulate Jing to Entire Body
Shock/Trauma
Endocrine Disorders
Emotional and Psychological Problems
Musculoskeletal Disorders
Involvement of Several Meridians, Organs, or Body Parts

Nighttime Wei Qi:
Soft tissue problems
Autoimmune Disorders
Allergies
Skin Problems
Colds/Flu, Intermittent Symptoms
Depression
"Up and Down" at Night-- Scattered Sleep Problems, not restful sleep
Character Armoring
Defense Mechanisms

Compass Method:
Use the Compass Method to Further Define the Problem in a Single Organ
Use especially with Nighttime Wei Qi (use compass on the most forceful pulse)

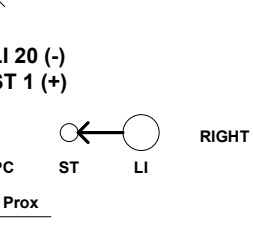
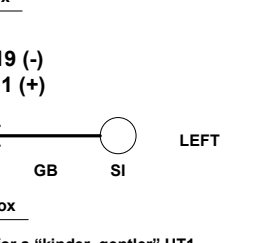
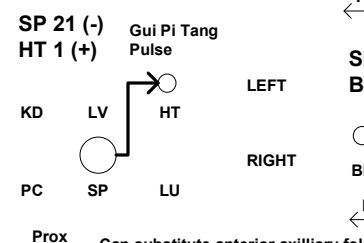
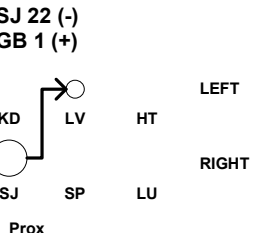
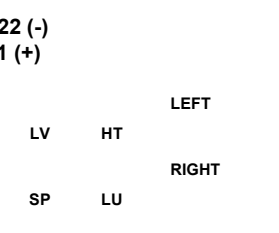
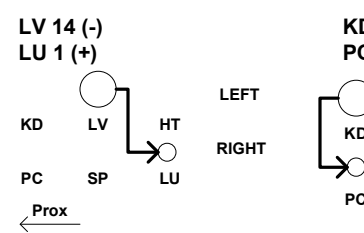
Ying Qi Cycle:
General Application; Life Cycles
Insomnia for a significant block of time
About nourishment, tranquility
Oro-Facial Problems (Head); Emotional Material (Chest)

Six Channel:
Muscle/Sinew Pain

Ying Qi: Entry/Exit

- 1) LU-LI-ST-SP = Survival (1st Third of Life)
- 2) HT-SI-BL-KD = Introspection (2nd Third of Life)
- 3) PC-SJ-GB-LV = Socialization (3rd Third of Life)

Head E/E are the Yang channels: Involve consciousness
Chest E/E are the Yin channels: Involve emotional material and relate to the HT
Reduce 1st, Tonify 2nd Based on 2-depth pulse model



Can substitute anterior axillary fold for a "kinder, gentler" HT1